

Scrapbooking & BEYOND



Be Free Altered Frame

designed for GCD Studios by Jennifer Wuthrich

1. Paint your unfinished frame. I picked this frame up from Michaels in the unfinished wood section for \$2.99. Antique or Sand the edges if desired. Let Dry.
2. Take off the back of the frame and glue in the glass using your hot glue gun.
3. Paint an unfinished clothes pin. I picked up this clothes pin at Michaels in a bag for 1.99 (there was a set of clothes pins for that price.)
4. Using your Cricut Expression or favorite Die cutting Machine cut out a acetate butterfly.
5. Cut several 3x3 squares using the Ava collection from GCD Studios. Cut the squares into a spiral circle and twist them up into little buds. Secure each flower bud at the bottom using a glue dot.
6. Spritz the flower buds with Glimmer Mist.
7. Add the clothes pin to the middle of your butterfly and secure it with some gauge wire (I purchased this at Home Depot for around 2.00 for an entire roll). Cut it a bit long so you can twist and make antennas.
8. Tie a ribbon through the middle of your clothes pin. This is $\frac{3}{4}$ inch sheer ribbon purchased at Hobby Lobby I used $\frac{3}{4}$ of a yard.
9. Using your melody Ross ChipArt tool, the sparrow alphabet, and a piece of Melody Ross Chipboard make a little sign that says "be free".
10. Glue the butterfly to the corner of the frame using hot glue. Also hot glue the little sign (that says be free) to the other corner.
11. Cut out 2 butterflies from the Ava Collection paper and pop it up just about the sign.
12. Attach a sheer ribbon on the backside for hanging. This ribbon was purchased at Hobby Lobby for 3.99. It measures 1.5 inches wide. I secured it using hot glue on the backside of the frame.